

# 2023 OJR Middle School Track Calendar



# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	1	2
3	4 NO PRACTICE	5 NO PRACTICE	6 NO PRACTICE	7 NO PRACTICE	8 NO PRACTICE	9
10	11 <b>FIRST DAY OF PRACTICE!! 2:30-4:30</b>	12 Practice 2:30-4:30	13 Practice 2:30-4:30	14 Practice 2:30-4:30	15 <b>NO PRACTICE</b>	16 <b>NO PRACTICE</b>
17	18 Practice 2:30-4:30	19 <b>Home Meet Vs. Pottstown (Scrimmage)</b>	20 Practice 2:30-4:30	21 Practice 2:30-4:30	22 Practice 2:30-4:30 <b>**PICTURE DAY**</b>	23 <b>NO PRACTICE</b>
24	25 <b>NO PRACTICE-Spring Break</b>	26 <b>NO PRACTICE-Spring Break</b>	27 <b>NO PRACTICE-Spring Break</b>	28 <b>NO PRACTICE-Spring Break</b>	29 <b>NO PRACTICE-Spring Break</b>	30

*PICKUP FOR ATHLETES WILL BE BY THE NORTH FIELD OF THE TRACK UNLESS IT IS AN AWAY MEET*

# April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 2:30-4:30	2 <b>Away Track Meet @ Spring Ford</b>	3 Practice 2:30-4:30	4 Practice 2:30-4:30	5 <b>NO PRACTICE</b>	6
7	8 Practice 2:30-4:30	9 <b>Home Track Meet Vs. Perk Valley</b>	10 <b>NO PRACTICE HS Track Meet</b>	11 <b>Home Track Meet Vs Lionville</b>	12 <b>NO PRACTICE</b>	13
14	15 Practice 2:30-4:30	16 Practice 2:30-4:30	17 <b>NO PRACTICE HS Track Meet</b>	18 Practice 2:30-4:30	19 <b>NO PRACTICE</b>	20
21	22 Practice 2:30-4:30	23 Practice 2:30-4:30	24 Practice 2:30-4:30	25 Practice 2:30-4:30	26 <b>NO PRACTICE</b>	27
28	29 Practice 2:30-4:30	30 <b>Home Meet Vs Phoenixville</b>				

# May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 2:30-4:30	2 Practice 2:30-4:30	3 <b>No Practice</b>	4
5	6 Practice 2:30-4:30	7 <b>Home Meet Vs. Upper Merion</b>	8 Practice 2:30-4:30	9 <b>Boys MS Pac Invitational</b>	10 <b>Girls MS Pac Invitational</b>	11
12	13 <b>Uniform Collection</b>	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	